

St. Mary of the Assumption Unbound Team Invitation

## Your journey to Freedom in Christ using the Unbound 5 Keys - a 2 week interactive prayer experience

All of us struggle with something. It might be that nagging resentment towards a family member, a painful or broken relationship, a fear that keeps you from doing what you want, or that same sin you keep committing even though you know it's wrong.

Whatever your struggle, the good news is that Jesus Christ wants to set you free from the things that bind you.

**YOU ARE INVITED**: Come learn about the Five Keys of Unbound, a simple process of prayer that will help you unleash the liberating power of the Gospel into your life and find greater freedom.

During a 2 week period, **June 3 - 17**, you will journey with a group of others in a prayerful experience to:

- learn about the Unbound 5 Keys
- experience how to apply them in your life
- participate in 2 corporate prayer services, led by Fr. Giuseppe, using the 5 Keys
- have an opportunity to sign up to receive personal prayer with an Unbound Prayer leader from our team

In order for you to powerfully experience of the 5 Keys, we have organized your participation over the 2 week period, as follows:

- View the online teaching of the 5 Keys at times that are convenient for you
- You will have access to the official "Unbound Freedom in Christ" training from Heart of the Father Ministries, *combined with* teaching and prayer led by Fr. Giuseppe, CFR.
- There are 3 live group meetings (at beginning, midpoint, end), that are optional, but you are encouraged to attend. These are intended to allow the inbreaking of the Holy Spirit in your personal journey to freedom.
  - While your journey is personal, you will be uniting with others in the body of Christ as they take a similar journey during this time.
- You will have access to our Unbound Team to answer questions and provide encouragement and direction during the two weeks

## **Key Dates, Outline of 2 weeks:**

| Weds, June 3                     | 7:00pm - 1st Session (YouTube) Fr. Giuseppe, CFR Introductory Prayer, Adoration of the Blessed Sacrament, Baptism in the Holy Spirit, Blessing   | Watch independently at 7:00pm |
|----------------------------------|--|-------------------------------|
|                                  | 8:30pm - Zoom Meeting (optional) Welcome/Opening Prayer Introductions of the Unbound Team Review of training format and dates, other important information Answer questions                        | Attend live                   |
| Thurs June 4 -<br>Weds, June 10  | Access Unbound Training Sessions online Goal is to complete: Key 1 - Repentance and Faith Key 3 - Renunciation Key 4 - Authority Complete Workbook exercises - individual, partner, or small group | Self-paced                    |
| Weds, June 10                    | 7:00pm - Zoom Meeting (optional) Opening Prayer Recap of Keys (completed over past week) Review schedule for upcoming week, including final session on June 17 Answer questions                    | Attend live                   |
| Thurs, June 11 -<br>Weds June 17 | Continue to access Unbound Training Sessions online Complete: Key 2 - Forgiveness Key 5 - Father's Blessing Workbook exercises - individual, partner, or small group                               | self-paced                    |
| Weds, June 17                    | 7:00pm - Final Session (YouTube) Fr. Giuseppe, CFR Fr. Giuseppe will pray with you using the 5 Keys  | Watch independently at 7:00pm |
|                                  | <b>9:00pm</b> - Immediately following, join us for a Live Zoom call  | Join Live Zoom call           |

Technical requirements for participation:

- You will need an email address, a computer or ipad with access to the Internet to view Unbound Trainings and YouTube recordings
- Recommended browser to access videos Chrome or Firefox
- For full participation in the 3 live video meetings (via Zoom), you will need a computer or iPad with a camera and microphone.
  - When joining the Zoom meeting, you do not have to turn your video camera on, but you will be able to see our team and others who are on video.
  - If you don't have a camera/microphone on your computer, you can still join through your computer as a listener and can type your questions if needed.
  - o To join a Zoom meeting, you will be prompted to download Zoom software (free).
  - You can also join the Zoom meeting via your telephone, where you can listen and talk.

Order Today To Avoid Delay: Unbound Freedom In Christ Workbook

(Allow Approximately 3 Days For Priority Shipment)

https://store.heartofthefather.com/collections/books-1/products/unbound-freedom-in-christ-workbook

Register for your participation by Sunday, May 31, 2020

https://catholiccharismaticny.org/unbound-registration-form

**Testimony for Unbound (Video)** 

https://catholiccharismaticny.org/unbound

Questions?

Send Email To Mrssapeta@gmail.com:

https://www.catholiccharismaticny.org/unbound-question-email